



# ARBONNE ESSENTIALS<sup>®</sup> ENERGY FIZZ STICKS

## For Targeted Health

What a kickstarter. As a replacement for your morning coffee or for when you start to feel the afternoon sleepies, stir in a fizz stick to create a refreshing bubbly drink when you start to feel tired to temporarily help promote alertness and enhance cognitive performance, help promote endurance and enhance motor performance, and help reduce fatigue.<sup>Ⓓ</sup> Contains antioxidants and a botanical blend of green tea, guarana and ginseng, combined with B vitamins and chromium, to help boost energy.<sup>Ⓓ</sup> 30 stick packs, Citrus #2077; Pomegranate #2079 🇺🇸

### FEATURES

- Temporarily helps promote alertness and enhance cognitive performance<sup>Ⓓ</sup>
- Helps promote endurance when you start to feel tired<sup>Ⓓ</sup>
- Two flavors, citrus and pomegranate
- Dissolves quickly in water
- Contains antioxidants to help fight free radicals<sup>Ⓓ</sup>
- Low-calorie, and features natural flavors, cane sugar, and stevia
- Formulated without artificial flavors or colors



### KEY INGREDIENTS & BENEFITS

- Proprietary Get-Up-and-Go Blend:
  - Guarana — Supports energy<sup>Ⓓ</sup>
  - Chromium — Helps support healthy blood sugar levels already in the normal range<sup>Ⓓ</sup>
  - Green tea (*Camellia sinensis*) — Contains catechins, antioxidants that fight and prevent cellular damage<sup>Ⓓ</sup>
  - Taurine — An amino acid that supports energy<sup>Ⓓ</sup>
  - Ginseng root (*Panax ginseng*) — Helps support physical capacity and performance<sup>Ⓓ</sup>
  - Rhodiola rosea — An adaptogen that helps temporarily support the body during stress<sup>Ⓓ</sup>
- Riboflavin helps metabolize carbohydrates, fats and proteins to provide energy<sup>Ⓓ</sup>
- Niacin helps support energy-yielding metabolism of macronutrients<sup>Ⓓ</sup>

### HOW TO USE

Add 1 stick pack to 8 oz. of water and stir. Do not pour into a full water bottle as fizzing could cause an overflow. If necessary, remove several ounces then add contents of stick pack. Allow powder to completely dissolve and enjoy. Once dissolved, add ice or refrigerate for a refreshing drink. Enjoy 2–3 times per day when you feel tired.

<sup>Ⓓ</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# ARBONNE ESSENTIALS® ENERGY FIZZ STICKS

## Pomegranate

### Supplement Facts

Serving Size 1 stick pack (6.1 g)  
Servings Per Container 30 stick packs

	Amount Per Serving	% Daily Value <sup>†</sup>
Calories	15	
Total Carbohydrates	4 g	
Sugars	2 g	*
Riboflavin	3 mg	176%
Niacin (as niacinamide)	10 mg	50%
Vitamin B6 (as pyridoxine hydrochloride)	2 mg	100%
Vitamin B12 (as methylcobalamin)	6 mcg	100%
Pantothenic Acid (as calcium pantothenate)	5 mg	50%
Chromium (as chromium polynicotinate)	60 mcg	50%
Sodium (as sodium carbonate and sodium bicarbonate)	258 mg	11%
Potassium (as potassium bicarbonate)	170 mg	5%

**Proprietary Get-Up-and-Go Blend 410 mg** \*  
Guarana (*Paullinia cupana*) seed extract, Green tea  
(*Camellia sinensis*, 90% EGCG) leaf extract, Taurine (as  
L-Taurine), *Panax ginseng* root extract (20% ginsenosides),  
*Rhodiola rosea* (9% Rosavins) root extract

<sup>†</sup>Percent Daily Values are based on a 2,000 calorie diet.  
\*Daily Value not established.

## Citrus

### Supplement Facts

Serving Size 1 stick pack (6.1 g)  
Servings Per Container 30 stick packs

	Amount Per Serving	% Daily Value <sup>†</sup>
Calories	15	
Total Carbohydrates	4 g	
Sugars	2 g	*
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Vitamin B6 (as pyridoxine hydrochloride)	2 mg	100%
Vitamin B12 (as methylcobalamin)	6 mcg	100%
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**OTHER INGREDIENTS:** citric acid, natural cane sugar, natural flavors,  
stevia leaf extract, natural color, magnesium oxide, maltodextrin.

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## THE ARBONNE ADVANTAGE

“Plant-powered”, nutrient-rich products that  
are cleaner for better results, following a strict  
ingredient policy that is always gluten-free, vegan  
and without GMO ingredients.

## COMPLEMENTARY PRODUCTS

- Calcium Plus, #2062
- Herbal Colon Cleanse, #2055
- 7-Day Body Cleanse, #2082
- Antioxidant & Immunity Booster, #2065
- Sleep Well Spray, #6218
- Fit Chews, Caramel #2067; Chocolate #2068; Lemon #6114
- Protein Snack Bars, Dark Chocolate & Sea Salt Flavor #6097;  
Cranberry & Pumpkin Seed #6098
- Women’s Balance Menopause Support, #1995
- Immunity Support, #2643
- Joint Support, #2057

